

01-08-2025

CHRONICLES OF LORETO

ISSUE 1



lemhsloretto



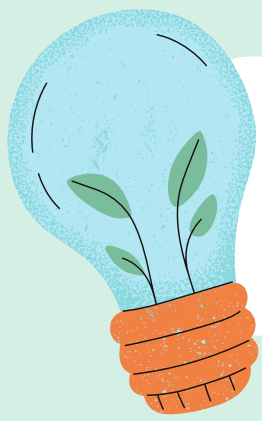
lemhsloreto



9480663011



SUBSCRIBE



Thoughts & Greetings

Your weekly newsletter about our school!

Nurturing Minds, Building Futures:
Rev Fr Praveen Leo Lasrado
Secretary CBE



To the bright minds of Loreto CBSE School, students and staff alike

What an exciting day! The launch of "Chronicles of Loreto" marks a magnificent milestone. This e-magazine is more than just a collection of pages; it's a vibrant tapestry woven with your talents, insights and creativity. To our students, let your voices resonate, your stories inspire and your achievements shine through the chronicles. To our dedicated staff, your unwavering guidance and encouragement have cultivated this fertile ground for expression. May this e-magazine be a testament to our collective spirit, a source of immense pride, and a window into the incredible, ongoing journey of Loreto. We eagerly anticipate the brilliant contribution that will fill its page. Congratulations to all involved- let the chronicles begin!

Nurturing Minds, Building Futures:
Fr Francis Crasta
Manager LEMHS



"Treasure Hunt" is a popular group game known to many of us, where participants unearth a hidden treasure by following clues provided by the leader. In many ways, a human being is like that hidden treasure—filled with immense talents and potential. With the right opportunities and guidance, these hidden abilities can be discovered and nurtured for the greater good.

Loretto Central School is blessed with such budding talents, waiting to be explored and celebrated in public platform. I am immensely pleased that the school has provided a golden opportunity through its E-Magazine, "Chronicles of Loreto." This digital platform is not merely a showcase of student talent, but also a reflection of the school's unwavering and persistent commitment to fostering creativity, critical thinking, innovation, and translating knowledge into action.

The e-magazine beautifully captures this journey—highlighting not just academic achievements but also the vibrant co-curricular and extracurricular life that defines Loretto Central School.

I take this opportunity to congratulate the editorial team, the Principal, staff, and students for their commendable efforts in bringing out such a meaningful publication. May this e-magazine inspire every reader to aim higher, dream bigger, and contribute wholeheartedly to their own growth and that of the school community.

May it serve as a mirror reflecting the success story of Loretto Central School.

All the best!

Nurturing Minds, Building Futures:
Fr Jason V Monis
Our Principal



It's an amazing moment for us to launch our digital newsletter, "CHRONICLES OF LORETTO" – a platform for us to express ourselves through words. As the world rapidly embraces AI technology, advanced technological developments, and widespread use of digital and social media platforms, we felt it was the perfect time to create a digital space to reach out to our parents and well-wishers. This newsletter offers a wonderful opportunity to showcase talents, share creative ideas, and provides an occasion to reflect, express, and collaborate.

This initiative will undoubtedly benefit both the pupils and teachers of our school by providing a vital outlet for expression and fostering creative minds. As we express ourselves through this e-magazine with innovation and creative flair, it will shine like a beacon, illuminating a brighter path forward. I am confident that it will greatly benefit our students and teachers alike.

My sincere thanks go to everyone involved – our dedicated teachers, talented students, and the entire editorial team – for bringing this newsletter to fruition each month. May this digital forum continue to inspire, and we pray that our patron saint, Our Lady of Loreto, blesses all of us as we carry out our daily lives at school.

Visit our School Website

www.lorettocentralschool.com



WORDS OF WISDOM



“Forgot Your Homework Again? Let’s Talk Memory!”

Mrs Maria Mildred Dsouza
Counsellor



Ever walked into a room and forgotten why? Or searched frantically for your homework book... then find it in your hand? Relax — you’re not alone! Forgetfulness is a common part of life, especially in today’s fast-paced digital world. But why do we forget?

Stress, lack of sleep, poor diet, and overload of information are major culprits. Our brain, like any machine, needs fuel, rest, and care to function smoothly. Students, do you know the good news? Memory can be trained — just like muscles!

Try These Brain-Boosting Habits:

- Eat smart – Nuts, berries, and leafy greens are friends of brain.
- Sleep well – 8 hours a night refreshes your brain.
- Stay organized – Use checklists or planners.
- Stay active – Physical exercise boosts brain health.
- Practice mindfulness – Deep breathing and meditation improve focus.
- Repeat to remember – Revise and recall often.



Lets start with small task like, memorize a quote a day, play puzzles, or learn a new skill. Your brain loves challenges!

So, next time you forget something, don’t upset. Instead, power up your memory — it’s your mind’s superpower waiting to shine!

LIBRARY

Our Library – Growing with Every Book



Our library at Loreto English Medium CBSE has always been a quiet place where students enjoy the joy of reading. At present, we have more than 3,500 books covering a wide range of subjects – from interesting storybooks and biographies to useful reference books for higher classes.



Along with books, the library also subscribes to a few magazines and newspapers. This help students stay updated about what is happening around the world and build a reading habit beyond textbooks. We strive to regularly update our collection, ensuring there’s always something new and exciting to explore in the library.



In the past few months, we have worked on arranging the books properly and introducing library cards for all students. This will make borrowing books easier and encourage everyone to read more. Our aim is to make the library not only a place to study, but also a space where imagination grows and a love for reading develops.

Artificial Intelligence(AI)



Artificial Intelligence (AI) refers to the ability of a machine to perform tasks that typically require human intelligence. It helps reduce human effort and saves time. With the help of AI, we can solve complex problems within seconds. Artificial Intelligence is both efficient and effective, as it minimizes a person’s workload and reduces their burden.

In the last year or so, a subset of AI—generative AI—has been gaining traction. Generative AI uses deep learning to analyse existing sets of data to create new outputs. Unlike its predecessors, generative AI also has reasoning capabilities.

ChatGPT, which can produce human-like responses to text prompts, and DALL-E, which can create images and artworks from text prompts, are popular examples of generative AI.

Generative AI can help teachers follow the prescribed guidelines for teaching in an efficient way without spending hours going through multiple reading materials.

Merits of AI (Artificial Intelligence):

1. Automation of Tasks
AI can perform repetitive and routine tasks, saving time and effort.
2. Speed and Efficiency
AI systems can process data and make decisions much faster than humans.
3. Personalization
AI helps personalize content (like product suggestions or social media feeds) based on user preferences.

Demerits of AI (Artificial Intelligence):

1. Job Loss: AI can replace human jobs, especially in repetitive or manual tasks.
2. High Cost: Developing and maintaining AI systems can be expensive.
3. Lack of Creativity: AI cannot think creatively or emotionally like humans.
4. Security Risks: AI can be misused for hacking, surveillance, or creating fake content (like deepfakes).

LITTLE VOICES FROM KINDERGARTEN

CLASSROOM HIGHLIGHTS

Welcome to a New School Year!

Our first week has been filled with exciting activities and new discoveries. We started with the "All About Me" theme, where students shared their favorite things and created colorful posters about themselves. These posters are now proudly displayed in our classroom. Our cries from morning till noon witnessed the existence of ours in the school.



Art Project:

This week's art project was self-portraits. The children used markers, glue, and glitter to create their unique portraits, which are now decorating our classroom walls.



Math Fun:

We began exploring numbers with counting games and number songs. The kids had a great time sorting and counting colorful beads as part of their math activities.



IMPORTANT REMINDERS

Please pack a healthy snack and a water bottle for your child each day. This helps keep them energized and hydrated throughout their busy day.

To foster a child's growth, offer engaging books and play items rather than mobile devices, encouraging them to be engrossed in more beneficial activities.

ACTIVITIES AVAILABLE

The Kindergarten area is an amazing area to the kids to learn. It's like a magic world. The area is painted with the learning materials and the pictures look so alive.



The swing, sea saw, bikes and slides, rock climber, give a chance to the kids to explore themselves. Blocks, toys, play cards with interactive touch screens with internet helps them to learn and grow.



The students are given various activities to learn the basic letters and training especially to maintain the personal hygiene.





Kindergarten



Hello, Kinder Families! We hope you're filled with smiles and excitement this month! We'll engage in hands-on adventures, explore new stories, and celebrate the important milestones your children achieve daily. Let's make this a memorable month!



EARBUD ACTIVITY

As part of the green Day Celebration, UKG children took part in a creative ear bud activity by painting a tree. Using green paint and ear buds, the little ones dotted leaves onto tree outlines with excitement and joy this fun filled activity encouraged artistic expression. The children enjoy the learning about trees and importance of greenary through hands on experience



UKG children participated in a creative Alphabet activity using pistachio shells from A -Z. They arranged the shells carefully to form each letter. This fun exercise improved their recognition and concentration. The children were excited to learn through this unique



"Cup Grab Action Game"

UKG children actively took part in the fun-filled, " head, knees, toes and cup " activity. It helped improve their listening skills, focus and hand eye coordination. The children thoroughly enjoyed the energetic and engaging challenge.



All the students of pre-primary actively participated in the colouring competition conducted by

Eco club

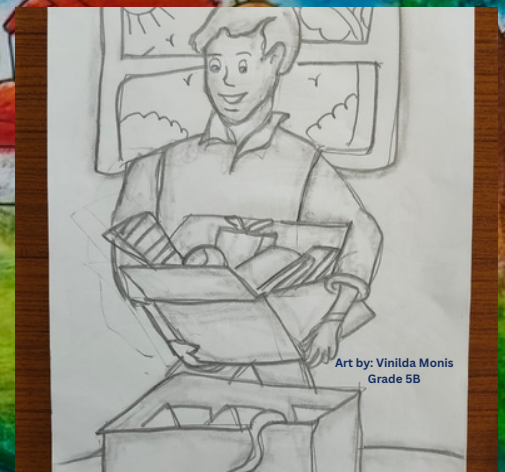
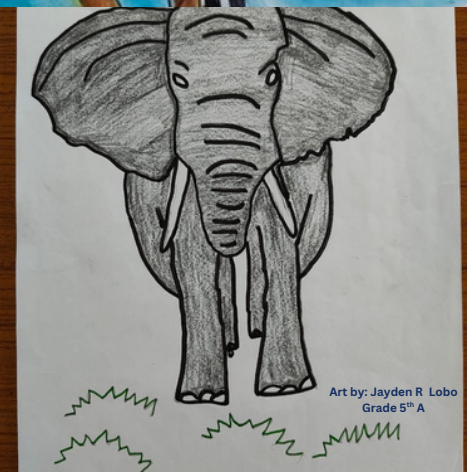
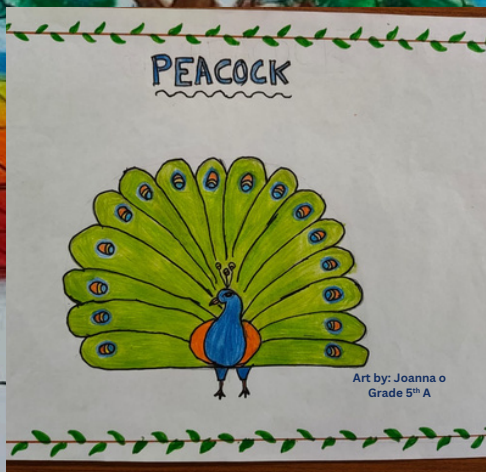
The Nursery students actively participated in a variety of fun and educational activities throughout the month. The theme focused on enhancing their early learning skills through play-based methods.

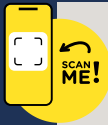


Ashnel D'Souza of U.K.G was awarded 12th Rank at the National Level Little Hands Olympiad 2024-2025.



ART GALLERY





SCHOOL NEWS



Loreto English Medium High School, affiliated to CBSE, reopened on June 2nd with a vibrant and meaningful inaugural programme to welcome students for the new academic year 2025-26. A special assembly was held, marking the joyful beginning of the school year.



THE ART OF TEACHING:

School organized a two-days seminar for teachers on the 28th and 29th of May 2025, in collaboration with Rathnasagar Publishers. The seminar was designed to enhance teaching skills and introduce innovative methods in classroom management.

Mrs. Vedula Suseela conducted the sessions with clarity and enthusiasm, sharing valuable insights and practical strategies that teachers can apply in their daily classroom activities.



LIFT OFF

"Elevating accessibility! Our school celebrates the inauguration of a brand new lift, opening up new possibilities for all students."

Rev. Fr Francis Crasta said, "The installation of this lift is more than just a facility it represents our dedication to making the campus more inclusive, modern, and accessible. We are continuously working to upgrade our infrastructure to meet the evolving needs of our students and staff."



SCHOOL NEWS



School Anthem

SLEMHS CBSE, an English-medium institution, has officially released its first-ever school anthem in 2025. The anthem was composed by Rev. Fr. Ajith Monis, the school's principal, with the tuning and harmonization done by Rev. Fr. Suraj Lobo.

The recording took place at Daijiworld Digital Studio, and Mr. Sanjay was responsible for the audio mixing. The anthem features the voices of the school children.



<https://www.youtube.com/watch?v=6f16EQ2wWGA>

World Environment Day

Every action counts. Celebrating World Environment Day with a pledge for a sustainable future.

The event featured a sapling plantation drive, with participation from students, the Principal, staff, and the School Management Committee, emphasizing the importance of a greener and cleaner environment.



School Parliament Election

In an effort to foster political awareness and democratic participation among students, Loreto C B.S.E. High School, Loreto, held its School Parliament Election on 06th June 2025.



World Day Against Child Labour

World Day Against Child Labour with a special programme organized and presented by the students of Grade 6, which included a role play, a skit, and a dance performance accompanied by impactful slogans. The performances reflected the theme of the day and highlighted the need to eradicate child labour.



Inauguration of the School Cabinet

"Leadership is not about a title or a designation. It's about impact, influence, and inspiration."

Investiture Ceremony of Student Council 2025-26 held at Loreto English Medium High School CBSE, Loreto.

The Chief Guest, Lt Col Gracian Sequeira, in his powerful address, described student leaders as a bridge between the management and the students. Drawing from his experience in the defence services, he emphasised discipline, responsibility, and commitment. He spoke about the three essential skills for success—communication skills, practical skills, and writing skills and motivated students to be physically and mentally strong. He added, serving the nation is the highest honour.

ELECTED CABINET MEMBERS

SPL
RIYA LOBO



ASPL
NISHEL SALDANHA



DISCIPLINE MINISTER
SWEENIA LASRSRADO



SPORTS MINISTER
STEPHEN RODRIGUES



CLEANLIINESS MINISTER
B H ISHA SHETTY



HEALTH MINISTER
DANVITHA



IRRIGATION MINISTER
MUHAMMAD SHAZIL



LIBRARY MINISTER
VERONA JANE PINTO



OPPOSITION LEADER
BABITHA RODRIGUES



SPEAKER
CHRISHAL DSOUZA



CULTURAL SECRETARY
RIYA DSOUZA



SECRETARY
ASHEL SALDANHA



CLUB LEADERS

ASTER



ELNATH



DYNAMIC



POLARIES



ELECTED PTA MEMBERS

RODNEY IVAN DSOUZA
VICE- PRESIDENT



SHARITA SHREL PINTO
JOINT SECRETARY



SCHOOL NEWS

Unwind and Focus with Yoga

Celebrated International Yoga Day with great zeal and positivity in the school auditorium, on 21/06/25 embracing this year's global theme "Yoga for One Earth, One Health". The event highlighted the significance of yoga in maintaining harmony between mind, body, and soul..

Chief guest Dr. Maithri Bhat shared her personal journey with yoga and spoke about the deep connection between breathing techniques and physical health, stating that breathing and yoga must go hand in hand. She highlighted how yoga supports stress relief and mental stability, and urged everyone to practice yoga daily for a healthier, more balanced life.



Joyful Green Day

The Pre-Primary section of Loreto English Medium CBSE School joyfully celebrated Green Day on 26/6/2025 under the theme "Tiny Sprouts, Big Dreams – Go Green." The little ones came dressed in beautiful shades of green, carrying green objects such as leaves, toys, vegetables, and fruits to mark the day. The classrooms and corridors were decorated with green balloons, charts, and cutouts, creating a fresh and lively atmosphere. Teachers introduced the children to the importance of the colour green and its connection to nature, health, and growth through songs, stories, and fun-filled activities.



The annual general body meeting of Parent Teacher Association (PTA) was held at Loreto CBSE School. Resource Person Mrs. Shilpa B.B in her address, highlighted how the education system has evolved from the past generation to the present. She explained the key differences between the State Board and the CBSE curriculum. She also added that CBSE focuses on skill-based and activity-oriented learning, which contributes to the overall development of students and prepares them for life.

SPELL BEE NATIONAL LEVEL WINNERS



PRINA DSOUZA
Grade 7
18TH RANK



LEANA GIA DSOUZA
Grade 3
64TH RANK



SLAINA NORONHA
Grade 4
76TH RANK



**CLUB
INAGURATION**



**Experience Farming
First-Hand**



**CLUB
INAGURATION**



The inauguration was carried out in a creative and symbolic manner by opening flower buds, each representing a house, club.

Principal emphasized that attention, sacrifice, and dedication are essential to acquiring skills. He also highlighted that in today's competitive world, mastering two or three skills is no longer optional but necessary for personal and professional growth. He wished all the students success in their journey.

.



LEMHS students had an enriching experience visiting a paddy field as part of an educational field trip. The visit took place at the fields owned by Mr. Jerald Pinto and Mrs. Sunitha. At the field, the Principal explained the process of soaking paddy seeds in preparation for planting. Mr. Jerald Pinto and Mrs. Sunitha demonstrated the correct method of planting paddy saplings. The students, along with their teachers, enthusiastically stepped into the field and participated in the planting process.



Loreto English Medium High School, CBSE, conducted a series of competitions aimed at encouraging creativity, self-expression, and hands-on learning among students. Participants took part with great enthusiasm. Principal Rev. Fr Jason Vijay Monis appreciated the students' efforts and encouraged them to continue exploring their talents.

VAN MAHOTSAV



The Chief Guest Mr. Joe Pradeep Dsouza distributed the awards and in his address, highlighted the significance of Van Mahotsav as a national initiative to promote greenery. He spoke about the government schemes encouraging afforestation and urged students to grow spice and aromatic plants at home.

www.lorettocentralschool.com

LIKE

