



LORETO ENGLISH MEDIUM HIGH SCHOOL

LORETTO - BANTWAL - 574211

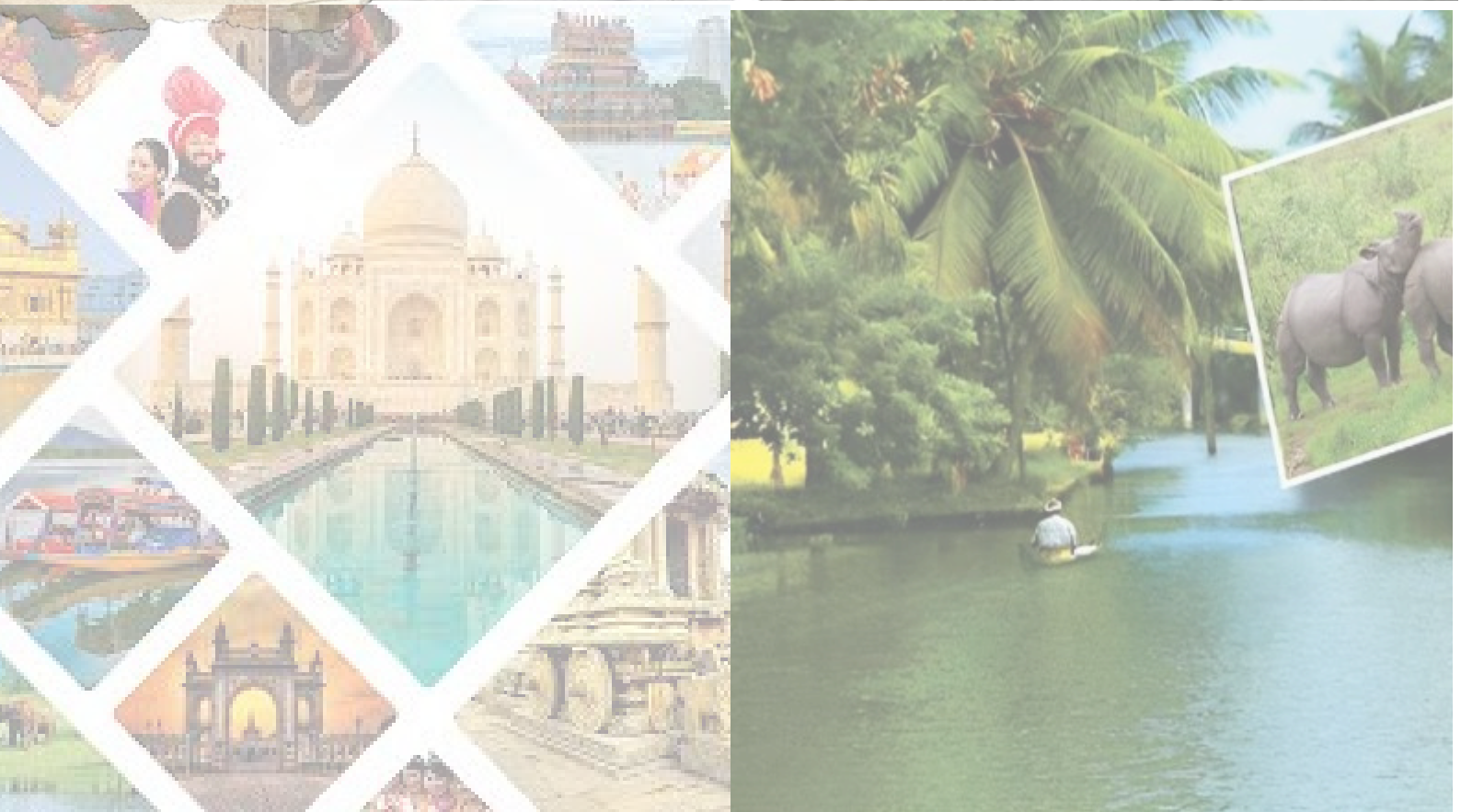


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CHRONICLES OF LORETO

ISSUE 3



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PAGE | 01



STEERING THE SHIP

From the Principal's Desk

A Time for Reflection



Rev Fr Jason Monis
M.A., B.Ed

Hello students and parents,

As we approach the halfway point of the school year, it's a great time to reflect on the progress we've made, both personally and academically. I've seen how much you've grown and how well you've adjusted to the curriculum.

School is like a book where you learn to read and write the correct and perfect chapters for your life. Over the past few months, you've had opportunities to participate, explore, and learn things that contribute to your personal growth. If you haven't yet taken full advantage of these opportunities, it's not too late. You can still work hard to achieve what you've set out to do.

Celebrating and Growing

This month was filled with both religious and cultural celebrations, providing us with a wonderful opportunity to learn about our rich cultural heritage.

At the same time, it was a little stressful with the term exams, which are an important part of the learning process. All of these activities and systems are designed to help you learn and grow. Simply studying isn't enough; you also need discipline in your life. Learning new skills, exploring your talents, and improving upon them will benefit your future and contribute to your success.

Holidays and the Future

Now that your exams are over, you have a well-deserved holiday. This is a perfect chance to relax and return with a renewed sense of purpose and creativity for the next semester.

I'd also like to extend a heartfelt thank you to all the students and parents for celebrating Teacher's Day so meaningfully. It was a moment that made us feel proud of our noble profession.

Finally, a piece of advice for all students: study hard, but also understand that the future you imagine might be different. The world is rapidly moving toward digital growth and automation. Brace yourselves to face this advanced world with your creativity and talent. All you need to do is work hard to make your future a bright one.

Charting Your Own Path

Don't choose a career field just because your friends did; you may later regret the courses you've taken. Instead, set your goals early and prepare yourselves to achieve them.

Rather than just using the internet for entertainment, use it to learn about and explore fields that are in high demand. The world is evolving quickly, and careers in technology, healthcare, and finance are consistently growing. Within these broad areas, roles like data scientist, cybersecurity expert, and software developer are particularly promising. At the same time try for various government jobs for that you need to prepare for various competitive exams.

This is your future, so take the time to research and find what truly interests you and aligns with your talents. By doing this, you'll be able to build a brighter and more fulfilling future for yourself.





FROM THE COUNSELOR'S DESK

MINDFUL MINDS, RESPONSIBLE HEARTS



Mrs Maria Mildred Dsouza
Counsellor

Civic sense begins right in the house, then in school, and finally in society, showing respect and responsibility towards people, places, and the environment around us. It is reflected in simple habits like following rules, keeping surroundings clean, respecting others, and behaving in a disciplined way wherever we go. Parents play an important role in guiding children. They can nurture civic sense by teaching personal hygiene, cleanliness, sharing, modest dressing, respect for culture, and appropriate behaviour in public places like any gathering, malls, shops, or bus stands. For students, civic sense means coming on time to class, keeping classrooms and corridors clean, speaking politely to teachers, classmates, and school supporting staff, waiting patiently in queues, and taking care of school property. It also shows in free time and on the playground—playing fairly, not stumbling down others, avoiding gossips, teasing, or making fun of peers. Even in the washroom, it means not splashing water and keeping it neat for the next user. It is also part of civic sense to behave properly in the exam hall—not only while writing your paper, but also in the way you conduct yourself after completing the exam. Peeping into others' papers, talking in signals, copying, or failing to maintain the dignity of the exam hall go against civic sense. True discipline is shown when we respect the rules and give our best with honesty. Small acts of help—whether assisting classmates, neighbours, or parents, teachers—make a big difference. Taking initiative to help and to lead shows true responsibility and builds confidence. Civic sense creates a safe and positive environment, brings pride to both family and school. Civic sense must be followed by students because it builds discipline, respect, and self-control—qualities needed for success. It creates good habits that shape character, making life more organised, peaceful, and satisfying. Students who practice civic sense earn respect, develop leadership, and learn to live in harmony with others, which leads to a truly successful and fulfilling life. A mindful student today becomes a responsible leader tomorrow.



WISDOM FROM THE STAFFROOM

NATURE, TRAVEL, AND THE GIFT OF EXPERIENCE

Nature is a divine gift, with creations that are truly amazing. As I take an evening walk, I feel a sense of peace and relaxation just by observing the world around me. There are countless must-see places all over the world, from our own state to far-off continents. Everyone should make an effort to travel and explore these wonders once in a while.



Jayashree K

Remembering the topic of travel, my mind instantly goes back to an incredible school trip to Mysore. My first tour. It was a truly amazing experience, shared with all my friends and teachers. The city itself is full of sights that everyone should see at least once. The zoo, KRS dam, Mysore palace etc..

Beyond just exploring new places, traveling over long distances taught me something valuable: It's also a great way to develop and hone various life skills. Among the basic life skills that travel can teach us are a sense of sharing, the practice of caring for others, sharper observation skills, and a genuine curiosity about the world.

The wisdom of the Kannada saying, "ದೇಶ ಸುತ್ತಿ ನೋಡು, ಕೋಶ ಓದಿ ನೋಡು," beautifully captures the dual approach to knowledge. It translates to "Explore the world; read the books," and it affirms that firsthand experience through travel is just as crucial for gaining knowledge as formal education is.



FOUNDATION OF FUN

ELEGANCE UNVEILED



The little ones came dressed in different costumes and confidently showcased their characters on stage. The event was judged by Ms. Preemal and Ms. Snehal, members of ICYM Loreto Parish, who appreciated the efforts of the children. The Principal, Rev. Fr. Jason Vijay Monis, visited the competition and encouraged the students and their parents. Mrs. Jyothi Dsouza compered the program, Mrs. Jacintha Moras welcomed the gathering, and the vote of thanks was delivered by Mrs. Veena Lobo. The competition was colorful, creative, and filled with joy.

PITTER PATTER

Pitter Patter Day with great joy and excitement in the Nursery, LKG, and UKG sections. One classroom was beautifully decorated to mark the occasion. Rev. Fr. Jason Vijay Monis encouraged to celebrate the occasion. Teachers and students came dressed in blue, adding more charm to the celebration. The little ones carried their colorful umbrellas and enjoyed the day with the pitter-patter of raindrops. They also prepared paper boats and happily floated them, making the celebration lively and memorable.



SALUTE TO THE NATION

Independence Day with great enthusiasm and patriotism in the Pre-Primary section. The classrooms were beautifully decorated with tricolour flags, and the children came dressed in vibrant outfits representing the spirit of the day.

The Principal, Rev. Fr. Jason Vijay Monis, graced the celebration with his presence and encouraged the little ones. As part of the program, Mrs. Maria Mildred Dsouza explained to the children about the importance of our National Flag, its colours, and their significance, which helped the students gain awareness in a simple and engaging way.

The children actively participated in activities, spreading the message of unity and love for the nation. The celebration concluded with joy and pride, leaving the young ones with a sense of respect for our country.



FOUNDATION OF FUN



ONE MOVE ONE PASS

The UKG children enjoyed a balloon passing activity by moving balloons through their elbows. The game created excitement and helped improve their coordination and teamwork. Children participated with great enthusiasm and encouraged each other while playing. The activity brought joy and laughter, making it a memorable experience for them.

LEARN AND GAIN

The UKG children enjoyed a balloon passing activity by moving balloons through their elbows. The game created excitement and helped improve their coordination and teamwork. Children participated with great enthusiasm and encouraged each other while playing. The activity brought joy and laughter, making it a memorable experience for them.



VOWEL SOUNDS ACTIVITY

The UKG children participated in a Vowel Sounds Activity. They prepared colorful handprints of vowel sounds and sang a song on short vowel sounds with great enthusiasm. The activity made learning vowels fun and interactive.



Did you know?

The new space telescope is called the James Webb Space Telescope (JWST)



FOUNDATION OF FUN



LEARN AND DO

Nursery young learners actively participated in the Paper Cup Tower activity, demonstrating enthusiasm, teamwork, and creativity while developing their fine motor skills and problem-solving abilities

FLY TO HIGH

Nursery students actively participated in the "Jump High, Catch the Balloons" activity with great excitement and energy. The activity encouraged children to jump and reach for balloons suspended at various heights, promoting physical development, balance, and coordination. Learners were enthusiastic and engaged, displaying improved motor control, spatial awareness, and joyful participation throughout the session



PICK AND SEPERATE

Nursery students showed active participation in the 'Sorting Grains from the Mesh' activity, enhancing their fine motor skills and focus through hands-on learning.

the activity was more towards to increase the vision and identification. The students were very much focused towards the selection and partition of the grains. Thus the small activity focused towards learning.



SCHOOL NEWS

LORETO MAKES ALL THE RIGHT MOVES AT AGNOX 2025:



Loreto English Medium High School CBSE proudly participated in the AICS DK Inter-School Chess Tournament “AgnoX”, held at St Agnes School, Bendor, Mangalore, on 23rd August 2025. The event saw enthusiastic participation from various schools across the region.

A team of ten students represented our school, demonstrating commendable dedication, focus, and sportsmanship throughout the tournament. In the Under-17 category, Sonam of Grade 10 secured 5th place.

CULTIVATING CURIOSITY:

An educational field visit for the students of Grade 5 to the Horticulture Department Farm, Thumbay, on 26/08/2025. The objective was to provide students with the opportunity to observe and participate in farming activities, enhancing their knowledge of agriculture and eco-friendly practices. The experts introduced them to a wide variety of plants, fruits, vegetables, and spices cultivated on the farm. They explained the significance of agriculture in daily life and highlighted how farming supports food security and environmental balance.

Students observed different cultivation methods, including traditional and organic farming techniques. They were given information on grafting, preparing seedbeds, planting saplings, using natural fertilizers, and the process of germination.



EMBRACING THE SPIRIT OF THE GAME

National Sports Day was observed with great zeal and respect, honoring the memory of hockey legend Major Dhyan Chand.

The dignitaries offered flowers at the portrait of Major Dhyan Chand in remembrance of his invaluable contribution to Indian sports.

The students performed a sports-themed dance and skit to celebrate the spirit of the occasion. Alina of Grade V shared her thoughts on the significance of the day, reminding everyone of the values of discipline, teamwork, and perseverance.

Principal Rev. Fr. Jason Vijay Monis, in his address, highlighted the importance of excelling not only in academics but also in sports. He encouraged students to take an interest in sports and strive for excellence in their favorite games.



SCHOOL NEWS

EXPLORING THE PRESS



Students visited the Vijay Karnataka Printing Press at Baikampadi on 2nd September 2025 as part of an educational trip. The visit was organized to give students practical knowledge about the printing process and to understand how newspapers and magazines are produced.

The manager, Mr. Alwyn Pinto, along with other staff members of the press guided the students through different sections and explained each stage of work in detail. The visit began at the CTP (Computer to Plate) room, where the layout of the newspaper is prepared before being sent for printing. They explained the use of the four basic printing colours Cyan, yellow, magenta, and black and how these combine to produce full-colour images.

CHASING RAINBOWS

Children celebrated Rainbow Week with great Zeal. Each day of the week was dedicated to a different colour, and children came dressed in bright shades of red, orange, yellow, green, blue, indigo, and violet. Classrooms were beautifully decorated to match the colours, and the little ones enjoyed songs, rhymes, and creative activities related to the theme.

On the concluding day, a special Rainbow Day was organised where all seven colours came together, symbolising joy, unity, and creativity. The programme was graced by our Principal, Rev. Fr. Jason Vijay Monis, who appreciated the efforts of the teachers and encouraged the children to continue learning through such joyful experiences.



SALUTING OUR MENTORS

Students celebrated Teacher's Day with deep respect and warmth on 6th September 2025 in the school auditorium. The programme was jointly organised by the PTA and the students.

The programme began with a prayer by the school choir. School Manager Fr. Francis Crasta, Chief Guest Dr. Adelaide D'Sa, Retd. Associate professor HOD Of Mathematics department, St Agnes College, Principal Fr. Jason Vijay Monis, PTA vice president Mr Rodney Ivan Dsouza, Vice principal Mrs. Anitha Pais, School Head girl Riya Lobo were present on the dais.

The dignitaries inaugurated the ceremony by lighting the lamp, followed by a floral tribute to the portrait of Dr. Sarvepalli Radhakrishnan.

Chief guest Dr. Adelaide D'Sa In her address highlighted the invaluable contributions of Dr. S. Radhakrishnan and explained the necessity of teachers in today's AI and digital era. She also shared her own life story from her teaching days to show how teachers transform students with compassion and guidance.





SCHOOL NEWS

MUSICAL MAGIC UNFOLDED



Singing Competition for students of Grades 1 to 10 on 10th September 2025 in the School Auditorium. The event aimed to encourage musical talent and boost the confidence of students in performing in front of an audience.

The competition was conducted in three categories:

Grade 1 to 4 Patriotic Song Competition

Grade 5 to 7 Folk Song Competition

Grade 8 to 10 Bhavageethe Competition

Students performed songs in English, Hindi, or Kannada. Many of them used live musical instruments such as Keyboard, Tabla, and Tumki, while others performed using karaoke tracks.

The competition was judged by Royston Rodrigues, an esteemed alumnus of the school, singer, and instrumental musician, and Mrs. Jayashree, the science teacher and Carnatic music instructor.

GIRL CHILD DAY CELEBRATION

The Pre-Primary Section of Loreto English Medium High School (CBSE) organised a Girl Child Day celebration on 13th September 2025 to honour girl children and highlight their significance in our society.

Fr. Jason Vijay Monis, the school principal, honoured the girls by crowning them, symbolising respect, dignity, and recognition of their value. The venue was decorated with colourful flowers, butterflies, and vibrant posters, creating an inspiring and joyful atmosphere.

The event motivated all students to recognise the importance of empowering and educating girl children for a better future. Students of Rainbow Week were also honoured by the principal with special crowns.



HINDI DIWAS CELEBRATION

celebrated Hindi Diwas with great enthusiasm through a special assembly on 13th September 2025. The event was organised to highlight the importance of the Hindi language and its rich cultural heritage.

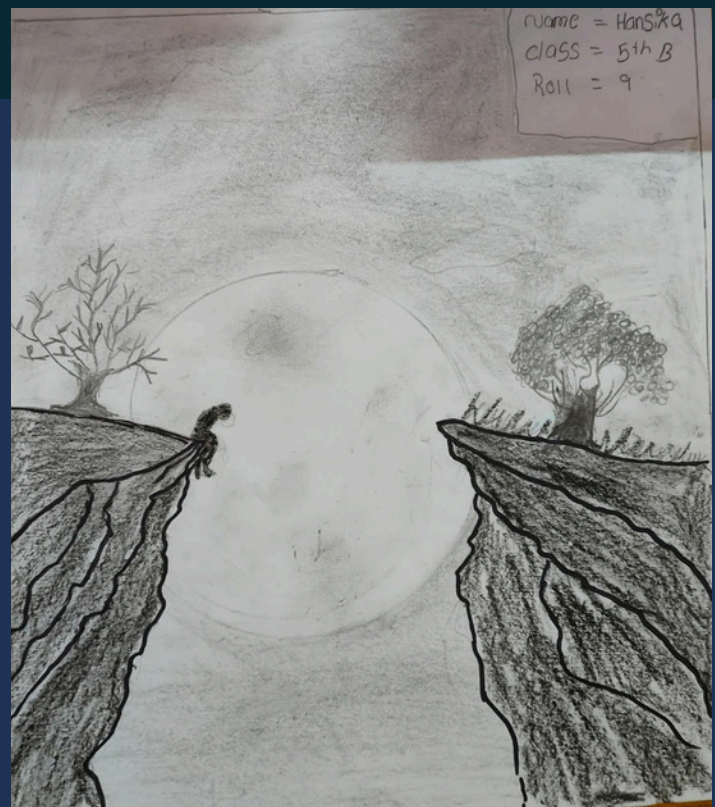
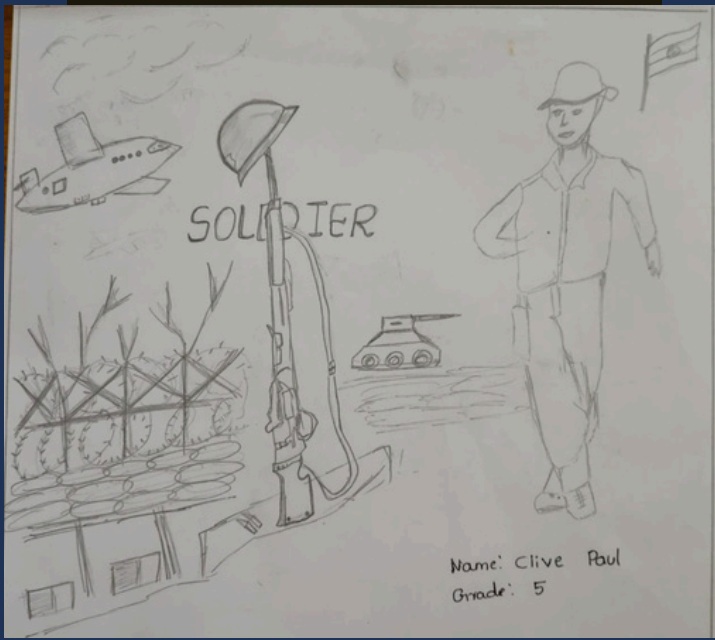
During the assembly, students performed various cultural activities including dance, skit, and song. Arpitha from Grade 8 delivered a speech explaining the importance of Hindi Diwas.

Athith from Grade 9 welcomed the gathering. Varshini delivered the vote of thanks. Sonam from grade 10 compered the programme.

The school principal, Fr. Jason Vijay Monis, greeted everyone with wishes of "Happy Hindi Diwas" and appreciated the students for their performances and the well rganised programme.



ART GALLERY



LITTLE MINDS LOUD SPOKEN

प्रकृति

प्रकृति करती है हर दिल से बात
चाहे वो दिन हो या रात ।
नदियां बोलें मीठे सुर
जैसे हो कोई गीत मधुर
हरी-भरी धरती करती है प्यारी बात
फूलों की खुशबू, पंखियों के मधुर गीतों के साथ ।
पेड देते हैं धरती मां को छाया,
प्रकृति सिखाती है सच्ची माया।
बादल सफ़ेद, नीला है अम्बर
धरती की सुंदरता बढ़ाते हैं पर्वत के शिखर।
अगर दिखाना है जीवन का सुन्दर चित्र।
तो समझो ये सुन्दर प्रकृति को मेरे मित्र।

रिया
दसवी कक्षा

ಕವನಗಳು

ನಾವೇ ನಿರ್ಮಿಸಿ ನಾವೇ ನಟಿಸಿ ನಾವೇ ನಿರ್ದೇಶಿಸಿ ನಾವೇ
ನೋಡುವ ನಮಗೇ ಅರ್ಥವಾಗದ ಮತ್ತು ಅರ್ಥವಿಲ್ಲದೇ ಅಂತ್ಯ
ಹೇಗೆಂದು
ತಿಳಿಯದೇ ಸಾಗುವ ಕಪ್ಪು ಬಿಳುಪಿನ ಚಿತ್ರವೇ ನಮ್ಮ ಜೀವನ .

□ ಅವಳೆಂದರೆ ನೋವಲು ನಗಿಸುವ ದೇವತೆ
ಕಷ್ಟದಲ್ಲಿ ಜೊತೆ ನಿಲ್ಲುವ ಸ್ನೇಹಿತೆ, ಅವಳ ಮಾತುಗಳೇ ಮುದ
ನೀಡುವ ಕವಿತೆ ಜೊತೆಗಿದ್ದರೆ ಸಾಕವಳು ಎನಗಿಲ್ಲ ಯಾವುದೇ
ಕೊರತೆ.

ಅವಳು ಬಾನಲಿ ಮಿನುಗುವ ತಾರೆಯಂತೆ
ದೂರವಿದ್ದರು ಮನಕೆ ಮುದ ನೀಡುವ ಒಲವಿನ ಹಣತೆ
ಅವಳ ಮಧುರ ಧ್ವನಿಯದು ಜಗವನೆ ಮರೆಸುವಂತೆ
ಬದುಕ ಕಳೆವಾಸೆ ನಿನ್ನೇ ಸ್ನೇಹದೊಂದಿಗೆ ತೊರೆದು ಲೋಕದ ಚಿಂತೆ !
ಓ ನನ್ನ ಪ್ರೀತಿಯ ಗೆಳತಿ.....!

LIFE OF MORTALS

Mortals are born into a world full of smiles, happiness and joy.
As time passes.
The initial faces of smiles fade brighter.
The happiness which was there in life
Slowly gets converted to anger and jealousy.
Joy is reserved only for loved once.
But with all this life of mortals continues.
At the end of journey , at a final destination hearty hearts are found
with sorrow and sadness.

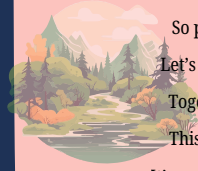


Name :- Babitha Rose Rodrigues

Grade : 10th

GIFT OF NATURE

Nature is calm, nature is wise,
With glowing stars in open skies.
It gives us rain, it gives us snow,
And helps the little flowers grow.
The forests deep, the rivers bright,
The shining moon, the morning light.
It gives us fruits, it gives us air,
And asks us only to take care.
But if we harm and do not see,
We lose the birds, the clean blue sea.
So plant a tree and keep it green,
Let's make the earth safe and clean.
Together we must love and share,
This world so full of life and care.
It's nature's love that makes us strong,
So let's protect it all life long.



Name: Alina Shannon Lobo
Grade : 5B



SEE THE BUG

See the bug on the rug,
I will give his leg a tug.
See him run, see him go,
He did not like it – no, no, no!

See him hop on the mop,
See him hide, make me stop
I will stop in wall, not tug,
You are safe, little bug.

By :Gagan Nithin Poojary
Grade :4

SHARE



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PAGE | 12



LITTLE MINDS LOUD SPOKEN

FUN TO KNOW

Fingers and face,
Fists and feet,
Are some parts of the body,
You just must meet!
Fingers to feed and wash your face,
Fists to fight, and feet to race!
It's fun to know all the parts,
But these will do fine for a start.

By: Sarthak,
Grade :4

NATURE

Oh wonderful nature
You are so beautiful!
With green trees
And humming bees,
The grass is so green
And water is so clean.
Birds fly in the sky
And mountains are so high.
The wondering butterflies
Make my thoughts fly.
The waterfalls are so cool
Just like swimming pool!
I love nature very much
God gives this feature.

By: -Nicolle Sana Lobo
Grade :-5B



SHARE

TREES ARE OUR BEST FRIENDS

Trees are our best friends as we know.

"A friend in need is a friend indeed. The tree is an integral part of our life.

A tree is a wonderful creation of God.. Without trees, life on earth would not be possible.

Trees are our true and best friends . They are very useful to us in many friends. They are very

useful to us in many ways. They keep the environment clean and beautiful. They take in carbon dioxide and give out oxygen. They also keep the temperature down and soil fertile. Trees are our natural wealth so we must not cut them down. If we cut down the trees our life will be in danger. Without trees the soil is washed away and the land loses its fertility.

Trees give us fruits, vegetables, flowers, gum, rubber, and medicines. Trees also give food and shelter for birds and animals. Thus we must understand the value of the trees we should plant more and more trees.

By: Galen Dsouza
Grade :5th A

